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***SEX! The Punctuation Mark of Life*  
by Lucretia Torva**

**SEX: THE GOOD, THE BAD AND THE HILARIOUS!  
--Author offers personal reflections on thirty-plus years of hanky panky**

Hearts and flowers. Candlelight and champagne. The handsome hero slowly carries the beautiful young heroine to a bed strewn with rose petals for an earth-shattering carnal encounter like no other...NOT IN THIS BOOK! Author Lucretia Torva leaves the unrealistic heroes and ladies behind in her new erotic memoir, *SEX! The Punctuation Mark of Life*.

Through a collection of fifteen short stories, and three interludes, readers follow Torva's evolutionary sexual journey from early adulthood through her mid-fifties. There are older men, younger men, a self-imposed three-year period of celibacy... and even a few women.

"The title expresses how sex can be a marker for a certain point in time", says Torva. "The actual act of sex may not last very long, and yet it may define an entire period of time. It may define an age. It may define a larger experience. It may define a change of life."

These stories, told with honest observation and a spirited sense of humor, offer many keen and liberating themes including:

- Men and women can and should relax in their sexuality and enjoy the moment
- The positive physical and mental aspects to a solid sex life
- How and why sex breaks down age barriers
- Dispelling the fictitious world of sex that has been popularized through *50 Shades of Grey* and other popular erotica

- Growing emotionally and spiritually by bracing the unknown and unexpected
- How a period of celibacy can lead to better sex

Lucretia Torva, born in Peoria, IL, spent her early childhood abroad - living in both Glasgow, Scotland and Grenoble, France, before returning to Peoria around her tenth birthday. Torva earned both her Bachelor and Master of Fine Art degrees in painting from the University of Illinois. While pursuing her passion of art, Torva held many jobs before becoming a highly-rated instructor of art , teaching both studio and lecture classes on numerous art-related topics. Torva, a single mother of two, currently resides in Phoenix, AZ and is a celebrated artist and owner of Torva Fine Art (Torvafineart.com). *SEX! The Punctuation Mark of Life* is her debut book offering.

For more information, please visit [www.sexthepunctuationmark.com](http://www.sexthepunctuationmark.com).

*SEX! The Punctuation Mark of Life* is available for purchase in e-book or paperback on [Amazon](http://Amazon) and the author's website, and in e-book format on [Apple iTunes](http://Apple iTunes) and [Kobo](http://Kobo).

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